



CLIENT INTAKE FORM

Please provide the following information. The information you provide here is protected as confidential information.

If you have accessed this form online, please bring a completed copy to your first session.

IDENTIFYING INFORMATION

Name: _____ Date: _____

Mailing Address: _____

City/Province: _____ Postal Code: _____

Home Phone: _____ May we leave a message? Yes No

Work Phone: _____ May we leave a message? Yes No

Cell Phone: _____ May we leave a message? Yes No

Email: _____ May we email you? Yes No

Please note: email correspondence is not considered to be a confidential medium of communication

Date of Birth: _____ Age: _____

Relationship Status (e.g., single, married, living with partner): _____

Children:	Names of Children	Age
	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____

Education (years): _____ Degree/Diploma/Certificate/Designation: _____

Occupation/Work Emphasis: _____ Employer: _____

MEDICAL INFORMATION

Family Physician: _____

What physical health problems do you have? How are they being treated? To what extent are the treatments effective? _____

SUBSTANCE USE HISTORY

Substance	Current Amount	Current Frequency	Last Use	Duration of Use Across Lifetime
Alcohol	_____	_____	_____	_____
Prescription Drugs	_____	_____	_____	_____
Nonprescription Drugs	_____	_____	_____	_____
Other _____	_____	_____	_____	_____

PRESENTING ISSUES AND CONCERNS

For what issues are you seeking treatment?

What would you like to accomplish out of your time in therapy?

Previous Mental Health Treatment:

Type of Treatment	Date	Provider/Program	Reason for Treatment
Counselling	_____	_____	_____
Psychiatric Hospitalization	_____	_____	_____
Drug/Alcohol Treatment	_____	_____	_____

If you are currently taking psychotropic/psychiatric medication, please indicate the following:

Medication	Amount & Frequency	Purpose
_____	_____	_____
_____	_____	_____
_____	_____	_____

Have you ever seriously considered or attempted suicide? If yes, when? _____

Have you ever engaged in self-harming behaviours such as cutting or burning? If yes, when? _____

Please indicate instances of trauma and/or overwhelming stress you have experienced (e.g., abuse, death of a loved one, chronic illness):

Please indicate if there is a family history of any of the following and list the family member.

Mental Health Issues	Family Member
Alcohol Abuse or Dependence	_____
Drug Abuse	_____
Anxiety	_____
Depression	_____
Bipolar Depression	_____
Domestic Violence	_____
Eating Disorders	_____
Obsessive Compulsive Disorder	_____
Borderline Personality Disorder	_____
Schizophrenia	_____
Suicide Attempts	_____
Suicide	_____